# **SPIRIT OF DANCE EVENING FRIDAY 6TH August 2021**

We would like you to participate in the evening either by performing live (or recorded) some choreographed dance/movement, drama, song, poetry, art or costume expressing the “Spirit of Dance” theme or just watching others perform. Let me know what you are planning, so I can programme it in time, by Wednesday 4th August.

Each item should not be longer than 2-3 minutes as we are hoping to have a virtual party after where you bring your own drinks and nibbles and socialise with each other.

If you record something please send the MP4 file to me so I can play it on the night from my computer but please let me have it asap and by 4th August at the latest please.

I may organise a few “games” as well but I’ll see how the evening progresses!!

Please contact me for more information or explanation by sending an email to

[directorda@margaretmorrismovement.com](mailto:directorda@margaretmorrismovement.com)

Looking forward to dancing with you again soon

Denise Avent

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